



Easter News and Updates!

Dear all,

We hope you enjoyed the Easter/ Spring break and feel recharged.

We are back here to share some news, insights and forthcoming events. Spread the word!

Horizon Booster

The first meeting and contacts took place with the Horizon Booster expert team and **SUA, B4B** and **BOT**, in collaboration with **UCO**, have started working on the planning of how to make the most out of this smart opportunity from the EU for Horizon funded projects.

Stay tuned for the next steps ahead.

Policymakers Breakfast, Riga

The Policymaker Breakfast took place online on **15th April**. Stay tuned for the video with English subtitles.

Verdemura Fair, Lucca

IN-HABIT was showcased also this year at **Verdemura 2025**. During the three-day event (**April 4–6th**), a variety of activities and games were organised to promote inclusive urban wellbeing. Highlights included the opportunity to play **City Pets**, a **prize competition** for animal lovers, and a **live radio talk!**

One of this year's special surprises was the **VerdeMura Special Mission** within the **IN-HABIT app**, featuring a unique **QR code challenge**. Codes were hidden in dog-shaped cutouts scattered throughout the event, with special prizes awarded to the winners!

Attendees were encouraged to participate in **dedicated surveys** to provide feedback and insights, fostering community involvement in the project's development.

Read more about this year's event [here](#).

COMING SOON

Policymakers Breakfast Córdoba

Our policymakers breakfast events continue, stay tuned for the upcoming one in Córdoba.



Transformative Researches & Findings

Perception of green spaces' role in enhancing mental health and mental well-being in small and medium-sized cities

The research in Córdoba and Nitra highlights how urban greenery contributes to mental health in small and medium-sized cities. The findings provide valuable insights for urban planners and policymakers striving to create healthier, more inclusive cities. [Discover more here](#).

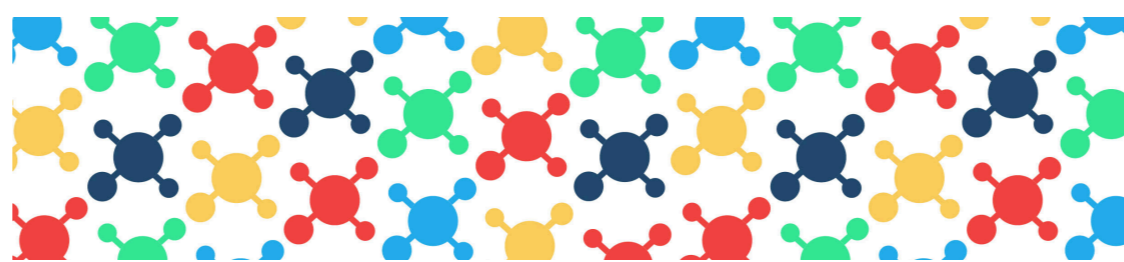
Between Participatory Approaches and Politics, Promoting Social Innovation in Smart Cities: Building a Hum-Animal Smart City in Lucca

The study explores the role of social innovation and nature-based solutions (NBS) in urban planning, particularly in fostering human-animal interactions to improve well-being and social inclusion. It introduces the concept of a "Hum-Animal Smart City" with a focus on participatory approaches to design solutions that reflect public needs and encourage democratic decision-making. [Read more here](#).

Does Civic Engagement Support Relational and Mental Health of Urban Population?

The paper explores the possible effects of the community engagement on mental and relation health in Nitra. To read how various factors influence the populations' relational and mental health, [click here](#).

[Discover more](#)



Key events and open calls

- **European Public Health Week**

12-16 May, with online session, in-person and with online streaming, info [here](#).

- **European Mental Health week**

19-25 May, find the [calendar of the events](#)

- **Urban Future 21-23 May 2025**

Lodz, Poland, for the program and registration click [here](#)

- **EU Green Week, 3-5 June 2025**

Brussels, register [here](#)

- **Cities Forum 2025**

17-19 June, Krakow, registration and preliminary agenda [here](#).

- **European Urban Resilience Forum EURESFO 2025**

25-27 June 2025, Rotterdam, registration [here](#).

CALL FOR PAPERS

Accelerating urban nature-based solutions in Latin American and European cities

Submission deadline: **31 May 2025**

Copyright © '2024' "Book On a Tree", All rights reserved.

Our mailing address is:
communication@bookonatre.com

Want to change how you receive these emails?
You can update your preferences or unsubscribe from this list.